



WELCOME TO THE BC AMBROSIA APPLES NEWSLETTER - April 2016



Bee Time

The [Ambrosia orchards](#) are starting to bloom and that means it's time for the bees to get to work. Apple blossoms don't become beautiful apples if the bees don't pollinate them. Did you know that some farmers have to bring in outside help to get the job done? A beekeeper will rent a grower his colony - bringing the beehives right to the orchard. It gives the bees easy access to the blossoms (and cuts down on the commute) while the growers reap the benefits of getting their blossoms pollinated. Talk about a great working relationship!



Apple Lovers Live Longer

Great news for Ambrosia fans. Not only does eating an Ambrosia apple every day taste great, it's now been proven to improve your chance at a long life. A recent study conducted by the University of Western Australia found that women who ate at least one small apple a day were more likely to live longer. In fact, this healthy habit reduced the risk of dying early by 35%! Have you had your Ambrosia today?



Kick Off BBQ Season with this Recipe

Some people love spring for the blossoms, the longer days and the warmer weather. Others love that it means BBQ season is back. Kick off the season right and get the grill singing with [Ambrosia, chicken and halloom skewers](#). The sweetness of the Ambrosia marries beautifully with the saltiness of the halloom cheese to set off the chicken in a perfect bite. It may be patio season but the party will be in

your mouth.

Sweet Tweets

Speaking of parties, we're have a great time hanging out on social media these days. Here are a few sweet tweets we encountered:



@rdvnielle: Man...I bought a bag of ambrosia apples last night and they're damn near gone now.

@treeniejean: Just ate the best apple in a long time. Perfect crunch, right sweetness, super juicy, Ambrosia apples for the win!

@dedariaboi: Ambrosia apples are the best in any food group bruh...

@cristawallace: Ambrosia apples are very under-rated. Just saying

Talk about a love fest and the feeling is mutual. We love Ambrosia apple fans! If you want to join the party, connect with us on [Twitter](#), [Facebook](#), [Pinterest](#) and [Instagram](#).

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